



Saint Michael School

Teaching Children Their Value
as Children of God

February 8, 2012

Spaghetti Dinner to benefit Camilla Hall will be on Saturday, February 25th. Please see the attached flyer for more information.

Knights of Columbus Free Throw Contest - All boys and girls ages 10 to 14 are invited to participate in the local level of competition for the 2012 Knights of Columbus Free Throw Championship. The local championship will be held on February 12th, 2012 at 3:00 PM at Saint Michael's School gym followed by the District Championship at 5:00 PM. Please see the attached flyer for more information.

Lunch on Wednesday, February 22 will now be Cheese Quesadilla instead of Beef Taco. We made the change because it is Ash Wednesday. If your child ordered the beef taco and does not want the cheese quesadilla please send in a note and we will send you a credit to use for your March lunch order.

Re-Registration forms were sent home. Please make sure to return your registration form as soon as possible. If you know of someone who would like to attend our school please have them give us a call to set up a tour.

Claire's Gourmet (instead of Gianni's) will be coming home on Wednesday, February 15th. They have a wonderful assortment of pizzas, cookie dough, desserts, and much more. Please be on the lookout for your order packet. You may want to stock up on pizzas for Fridays in Lent.

Yearbook Pictures - The yearbook is looking for pictures of the kids in the school activities this year. Please email the pictures to fabiola.a.francisco@gmail.com

Weather Related School Closings - We follow Fairfax County schools for all delays and closing due to the weather. There are two way you can check: (1) Listen to WTOP radio, (2) Listen to the TV stations, or (3) the Fairfax County website under Emergency Announcements for closings or sign up for their alerts through the Fairfax County Public School KIT (Keep in Touch) website at: <https://signup.blackboardconnect.com/fcps/>.

CLINIC CORNER - 1 - The National Institute of Health suggests that school age children get 1 hours of exercise a day. Achieving this for your child may be difficult at first; however, there are many ways to keep exercise part of a daily routine.

- Set aside a specific time of day for exercise so it becomes part of a regular routine
- Be an example for your child by exercising with them or being involved in your own exercise program
- If old enough, have your child exercise with others (siblings, neighborhood friends, etc.) so they stay safe and motivated
- Have them participate in a variety of exercises so boredom does not set in
- Start out with short intervals and then add more minutes each time they exercise
- Devise an indoor exercise program for when the weather does not cooperate and they must stay indoors

Mark your Calendar - Dates to Remember:

February 15 - Claire's Gourmet begins

February 20 - No School, President's Day

February 22 - Ash Wednesday, Mass 8:30 AM

February 24 - Stations of the Cross, 2:30 PM

Additional Information:

PVI Shrove Tuesday Pancake Supper - Please join the Paul VI Catholic High School community for Shrove Tuesday Pancake Supper. It will be held on Tuesday, February 21st from 5:30-8:30 PM in the school cafeteria. The evening will feature entertainment, games, face painting, and fun for the entire family and of course the BEST pancakes ever. Adults: \$7, children under 6 years: \$5, under 4: free. Back by popular demand create your own omelet for an additional \$4. For more information contact Campus Ministry, campusministry@paulvi.net or 703-352-0925 ext 330.

Open House at Pope John Paul the Great - JP the Great invites all students in grades 5 - 7 to preview high school by attending our Open House on Thursday, March 15, from 4 - 6pm. Meet the faculty and students at JP, while learning more about our academics, athletics, clubs, admissions requirements, and more. Wolfie the mascot will be available for photos, and there will be plenty of fun snacks! All are welcome, including rising 9th, 10th and 11th grade students looking to transfer to JP next year. For more information, please visit www.jpthegreat.org or call (703) 445-0300.



St. Michael School Calendar March 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>St. Michael School 7401 St. Michael Lane Annandale, VA 22003 703-256-1222</p>				<p>1 Spring Pictures</p> <p>Claire's Gourmet Orders Due</p>	<p>2 First Friday Mass, 8:30 AM</p> <p>Stations of the Cross, 2:30 PM</p>	<p>3 Diocesan Spelling Bee</p> <p>First Penance, 10:00 AM</p>
4	5	<p>6 Grade 8 Vocations Mass at Holy Spirit, 11:00 AM</p>	<p>7 PTO Meeting, 7:00 PM</p>	8	<p>9 Diocesan Teacher Institute—No School</p>	10
11	12	13	14	<p>15 Grade 4—Gunston Hall</p> <p>First Communion Parent Meeting, 7:00 PM</p>	<p>16 Stations of the Cross, 2:30 PM</p>	<p>17 St. Patrick's Day</p> <p>Catholic High School Registrations</p>
18	19	<p>20 Claire's Gourmet Orders Delivered</p>	21	22	<p>23 Stations of the Cross, 2:30 PM</p>	<p>24 Confirmation Retreat, 8:30-2:00</p> <p>Diocesan Music Festival</p>
25	26	27	<p>28 Faculty Meeting, Dismissal, 11:30 AM</p>	29	<p>30 End of 3rd Quarter</p> <p>Stations of the Cross, 2:30 PM</p>	<p>31 Communion Retreat, 9:30-1:00</p> <p>Garwood-Whaley Music Festival</p>